

What is the topic of discussion?

The topic of this discussion will emerge from those who take part in it.

We all live in this time of great change, conflict, and uncertainty. Each of us experiences this moment in our own way, and we are continuing to learn about other's perspectives, and even our own. We know that we will have to build relationships and collaborate in new ways to meet the large-scale challenges that we face.

With all this in mind, this conversation is intended to nourish our development. We can express ourselves about matters that are important to us, as well as those where we are questioning or looking for input from others. Then, we can offer each other feedback and suggestions, filling in blindspots and providing new leads based on our different experiences.

Finally, the discussion will close with reflections on our discussion, and the new horizons that have been opened for us.

Discussion Agreements

- Confidentiality: don't repeat people's stories, just take the wisdom and insights and apply them without using any revealing information about anyone
- Remember to care for yourself: leave anytime for restroom or a break, don't participate beyond your comfort level. Try to have a nice time with some social adventurousness
- Be present: silence phones if possible, and stay engaged
- Extend regard: everyone is here to grow and try out ways of communicating. Assume everyone here is doing their best, and try to handle any disagreements with care and respecting the dignity of ourselves and others. Try not to interrupt, and if someone else does we can process that and we will come back to you so you can finish what you had to say. Limit advice and try to be non-judgmental toward others unless they ask for feedback
- Feel free to raise a finger to get to speak next in case people are jumping in too fast for you to comfortably participate
- Joint accountability: Everyone is empowered to refer to these agreements and advocate for themselves or others if they feel the conversation has become uncomfortable in a bad way

Time Structure

Welcome/Grounding: 5 minutes

- Read description together, time for any questions

Agreements: 5 minutes

Introductions: 30 minutes

- Small statement of worldview and where we are developing at the moment (growth edges)

First phase: 30 minutes

- Find topic that ties together growth edges of as many people present as possible

Reiterate Agreements: 5 minutes

Second Phase (trying to balance) 30 minutes

- Invite those who haven't spoken as much to frame the remainder of main discussion

Closing: 15 minutes

- Each person can say their takeaways, most notable aspects of discussion and feedback for next time